

# *The Sheiling Guesthouse*

## *Breakfast Menu*

Served between 8am and 9am

Self-serve buffet: Cereal, Homemade Granola\*, Fresh Fruit\*, Fruit Juice\* and Yoghurt

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**TO FOLLOW: Please choose one option per person from the choices below :**

Porridge\* with your choice of cream, homemade fruit compote, mixed seeds and dried fruit\*

Homemade Belgian-style waffle with banana and chocolate sauce with optional cream

Ullapool smoked salmon with homemade potato waffle and soured cream

The Sheiling Platter - a selection of cold meats and cheeses with croissant

The Sheiling cooked breakfast – your choice from the following:

Dry-cured back bacon		Cockburn's black pudding
Homemade Pork sausage	Or	Homemade Lorne Sausage
2 Vegetarian Sausages*	Or	Halloumi Cheese
Mushrooms *		Baked Beans *
Tomato*		Homemade Potato Waffle

Free Range Eggs: Fried, Scrambled or Boiled

Brown toast  
White toast  
Gluten free toast

Homemade butter or plant based\* spread and jams\* available

Items with a \* are suitable for Vegans.

Please let us know if you have any allergies.

All sausages are free from gluten containing ingredients